

Baumberger Bulletin

Number 74

Spring Issue

April 2018

Greetings! We hope you are doing well after a nice spring break!

This semester we have 233 students attending 25 universities, with total funding of \$597,075. Baumberger has granted over \$47 million to approximately 3335 scholars over the past 39 years!

At Baumberger, we know the struggles of college life are real and sometimes things don't go as planned; some classes are more difficult than others, roommate issues may arise, family matters may need extra attention - just to name a few.

Did you know, according to The National Society of Collegiate Scholars (NSCS) & Active Minds, non-profit organizations supporting mental health awareness and education for students:

- 36% of students report having at least one mental health diagnosis.
- Half of the cases of mental health issues begin by age 14; three-quarters begin by age 24.
- Anxiety is the most common mental health problem among students - reported by 28% of students - yet only one-third of those students seek treatment.

It's ok not to be ok! Take care of your brain's health. If you feel overwhelmed at any point in life, please seek professional help. All campuses have professional staff to turn to and some additional resources are:

Crisis Text Line (741741)

National Suicide Prevention Lifeline (1-800-273-TALK)

In listening to a recent podcast of Juliet Funt, CEO of Whitespace at Work and Speaker, she explains the

importance of "Whitespace," which is the uncluttering of our lives to create our most productive self while generating a more enjoyable and efficient life. Here are four core questions in creating YOUR Whitespace:

1. Is there something I can let go of?
2. Where is good enough good enough?
3. What do I truly need to know?
4. What deserves my attention?

We are proud of each one of you and wish you the best of luck on your final exams. Please call or email me if you have any questions or special needs.



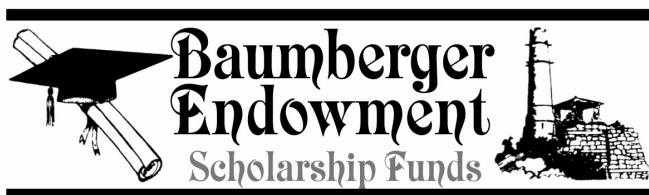
Sincerely,
Cynde Zietlow
Executive Director

IRS Reminder

Don't forget scholarship amounts over the cost of tuition, course-related fees, books, supplies, and equipment will be considered taxable income when completing your 1040 forms for calendar year 2017. No IRS Forms W-2 or 1099 are being issued by Baumberger. Seek assistance from your financial aid office or a tax advisor, if necessary.

Keeping in Touch With Our Scholars

In order to communicate with our scholars, it is extremely important that we have your most current email address. Please keep your portal account updated or notify us at baumedow@sbcglobal.net if any of your information changes.



Scholar Summer Send-Off

Monday, July 30, 2018, 6 to 9 p.m.

San Antonio, Texas

Networking event for new, current and graduating Baumberger Scholars.

Details coming soon!

Save the Date!

Renewal Agreement

An email will be sent in May 2018 with information regarding the 2018-19 Renewal process to Scholars who are making satisfactory progress under the "Conditions of Agreement" and have remaining eligibility under the Baumberger Scholarship program.

Please ensure that we have your current email address and that baumendow@gmail.com is in your email contact list so it doesn't get sent to your spam folder. The Renewal Agreement, along with necessary uploads, must be completed online on or before June 1, 2018. Fall 2018 checks will be mailed to your school around August 1.

Graduates/Alumni

The Baumberger Endowment is interested in keeping in touch with previous Baumberger Scholars so, as you complete your time with Baumberger, please inform us of your email address so we can communicate with you in the future. Scholars who have an account through our online portal will always be able to update their contact details using their current log-in information. If you know any Baumberger Alumni, please ask them to send us an email at baumendow@gmail.com to let us know how they are doing and to update us on their accomplishments.

Study Abroad

Several students have inquired about [study abroad](#) programs. If you are contemplating studying abroad during a traditional fall or spring semester, you **MUST** discuss this with the Executive Director before participating or risk losing your scholarship.

Word Search

Search up, down, forward, backward, and on the diagonal to find the hidden word. After all the words have been found, circle the 15 remaining letters to reveal the hidden phrase (3 words).

S	C	H	O	L	A	R	S	H	I	P	C	S
C	M	D	E	G	R	E	E	Q	H	A	E	R
S	C	O	M	A	L	A	U	N	E	E	M	E
T	O	Y	K	G	O	A	U	O	F	T	E	G
U	N	I	V	E	R	S	I	T	Y	A	N	R
I	C	T	R	R	S	A	F	E	D	U	T	E
T	R	E	Y	D	I	T	D	S	U	D	V	B
I	E	R	R	S	N	S	A	E	T	A	I	M
O	T	M	K	E	M	E	N	C	S	R	L	U
N	E	O	H	O	U	R	S	A	K	G	L	A
A	O	C	O	L	L	E	G	E	L	M	E	B
B	N	O	I	T	A	C	I	L	P	P	A	S

Alamo	Degree	Rest
Alumni	Fees	Safe
Application	Grades	Scholarship
Baumberger	Graduate	Smokestack
Books	Hours	Study
Cementville	Notes	Term
College	Plan	Tuition
Concrete	Quarry	University

Visit our website at www.baumbergerendowment.com

You can also find us on Facebook



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